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**FOODWAYS SUMMIT**  
MAY 23-31 | Long Beach, CA



**Foodways Summit is a week of tours, panels and tastings**  
*celebrating and exploring the local food movement in Long Beach, CA*

Welcome to the **Foodways Summit**: from neighborhood farms to hidden gardens, famous chefs to food equity – join us for a full week of talks, tastes and tours of good food practices in Long Beach, California.

Our first Foodways Summit is a multi-day adventure exploring innovative people and places in local food, with the goal of expanding healthy food access, education, and opportunities. The week kicks off on Wednesday, May 23, with storytelling and resource-sharing by women entrepreneurs in local food. We'll hear and taste the handiwork of women food entrepreneurs like Dina Amadril (LB Creamery), Terri Henry (DineLBC), and Kat Lukat (Wide Eyes Open Palms).

On Friday, May 25, we'll be taking a DTLB tasting tour of local food producers who source their food responsibly. We'll try locally-crafted chocolate, juice, tea/coffee and hear about where the raw materials come from by the purveyors to learn how our food choices affect the world.

Other events include a Big Red Bus tour of North Long Beach's grow sites including farms, gardens and edible landscapes, a school food discussion with Primal Alchemy's Chef Paul Buchanan at a school cafeteria and a food waste talk with LA Kitchen's Robert Egger and Food Finder's Patti Larson at an urban farm.

The purpose of the Foodways Summit is to gather and connect the local food movement together and with new partners, storytellers, farmers, gardeners, helpers, leaders, investors, chefs, food brands, educators, food buyers & distributors, health professionals, residents, seniors, youth, organizations, students, newbies, partners and supporters.

At each Foodways Summit event, you can expect to taste something, visit somewhere, meet somebody, learn something and share something.

*Long Beach Foodways Summit is brought to you by:*

**Long Beach Fresh**, dedicated to expanding Long Beach's local food economy and infrastructure in ways that benefit local communities.

**LongBeachize**, award-winning publication covering local food, housing issues, art, bike advocacy, urban development and equity

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## **Foodways Summit Event Schedule**

Media can attend events for free and are encouraged to attend the Closing Reception on 5/31.  
Contact Media Contact, Tony Damico at (562) 346-4617 or [tonylbfresh@gmail.com](mailto:tonylbfresh@gmail.com)

### **Opening Mixer**

**THURSDAY, MAY 23rd**

*Celebrating the Women Entrepreneurs of Local Food with storytelling, resource-sharing and support.*  
LOLA'S MEXICAN CUISINE

### **DTLB Taste and Walk**

**FRIDAY, MAY 25th**

*A tasty tour of chocolate, coffee/tea, beer and other treats that've been ethically sourced and crafted in Long Beach.*  
VARIOUS LOCATIONS DTLB

### **Agrihood: NLB Garden Bus Tour**

**SATURDAY, MAY 26**

*A whistle-stop tour of North Long Beach's homegrown food community with both public and secret gardens.*  
VARIOUS LOCATIONS NLB

### **Pop-Up BBQ with Shady Grove**

**MONDAY, MAY 28**

*Join us for a fun Memorial Day BBQ with Long Beach's favorite masters of meat.*  
WILLMORE DISTRICT

### **Wasted!**

**TUESDAY, MAY 29**

*We're gathering at an throwing away food, people and land while we divert trash into tasty tacos at an urban farm.*  
THE GROWING EXPERIENCE

### **Transforming School Food**

**WEDNESDAY, MAY 30**

*Discuss school food with LBUSD and how LA approaches good food purchasing by government and institutions.*  
FREMONT ELEMENTARY CAFETERIA

### **Closing Reception**

**THURSDAY, MAY 31**

*Join local food media and friends to close-out a week of learning, sharing food & fun.*  
THE HANGOUT