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## **Long Beach Fresh Spring Foodways Summit (Mar 31-April 3) will have the locals exclaiming, “There Grows the Neighborhood!”**

*The Food Scene in and around Long Beach is popping off: from home gardens and chefs to aquaculture near Catalina Island and shrimp grown in Downey warehouses.*

Long Beach, CA – The Long Beach Fresh Spring Foodways Summit this March 31st - April 3rd aims to familiarize locals with the growing opportunities abound in their local food system. Through a series of free and ticketed events, residents and visitors will get up-close and personal with the great food this city produces.

Our local food system affects critical issues like climate change as well as access to good health and economic inclusion – plus it tastes good. By participating in one or more of these events, you will become more knowledgeable about local gardens, markets and food production techniques that’s good for the people of Long Beach and our planet.

### **LB Foodways Spring Summit Events**

#### **DelicaSea at the Bixby Knolls Farmers Market - 3/31 @ 3:30pm**

Join us at the Bixby Knolls Farmers Market for a showcase of local seafood and the wonders of the ocean along the Long Beach coast. Visitors will get to taste local aquaculture and chef-prepared treats, learn more about the ocean and can participate in our placemaking of the area including volunteer painting days at the Market leading up to the big day! The event is on Thursday, March 31st, but feel free to stop by on March 17th or 24th during Market Hours to help out. Produced by LB

Fresh and sponsored by the Port of Long Beach and the Harbor Area Farmers Market.

### **LB County Fair and Blue Ribbon Urban Agriculture Contest - 4/1 @ 6:30pm**

The LB County Fair harkens back to our city's agricultural roots. Get to know your local green thumbs at the Blue Ribbon Urban Agriculture Contest where you might encounter a radish the size of a small tree or a beautiful bunch of bananas grown by your neighbor! Local farms and food producers will be in attendance and hope to get more acquainted with you and the folks at Bixby Knolls always embellish the event with exciting sights and sounds like a petting zoo, stilt walkers and musical accompaniment. Sponsored by the Bixby Knolls Business Improvement Association in partnership with LB Fresh.

### **North Long Beach Crop Swap - 4/2 @ 10am**

Neighbors meet-up the first Saturday of the month to share backyard and garden-grown produce, herbs and plants. We gather from 10am-11am to share produce from our backyards and gardens. It's always a surprise what people will be sharing at the Crop Swap including pomegranates, oranges, lemons, limes, basil, rosemary, passion fruits, avocados, eggplants, kale, lettuce, tomatoes, ice cream bananas, figs, chilis, sage and more. Neighbors are encouraged to bring extra fresh fruits and vegetables they have grown from their home or garden plot and swap it with other neighbors who have grown food. Let's share in the bounty of all of our backyards and garden plots. Because our health begins locally with our home grown fruits and veggies. Produced by the Nehyam Neighborhood Association in partnership with LB Fresh.

### **Home Cooks and Home Gardens Tour - 4/2 @ 11:30pm**

Long Beach is a haven for local food and it doesn't get any more local than your neighbors' backyards and kitchens. We'll be visiting some of LB's secret gardens across the city and enjoy delicious homemade food to celebrate the California Homemade Food Act that has helped entrepreneurs give birth to some of LB's favorite new restaurants and bakeries. We'll also highlight home chefs hoping to take advantage of the Microenterprise home Kitchen Operations law which has not yet taken effect in Long Beach but will enable same-day hot meal delivery in the near future. Produced by LB Fresh in partnership with several home chefs and gardeners.

### **Closing Party at the Night Marklet - 4/3 @ 3pm**

The Night Marklet is a monthly display of Cambodian culture and talent. The community-based event takes place in Cambodia Town centered around the MAYE Center, a craftsman bungalow house and farm and the United Cambodian Community Center across the street. Inspired by a temporary parklet they developed during the pandemic, the Night Marklet started as a small village of local Cambodian makers and has grown to include family-friendly activities, music and displays of authentic Cambodian culture.

### **About LB Foodways Summits**

Spring Foodways Summit is a weekend of events: tours, panels and parties that celebrate and explore the local food movement in Long Beach, CA. Our objective is to gather and connect the local food movement together and with new partners, storytellers, farmers, gardeners, helpers, leaders, investors, chefs, food brands, educators, food buyers & distributors, health professionals, residents, seniors, youth, organizations, students, newbies, partners and supporters.

### **About Long Beach Fresh**

The Foodways Summit is a community-driven, non-profit series produced by Long Beach Fresh. Long Beach Fresh is dedicated to expanding Long Beach's local food economy and infrastructure in ways that benefit our city's diverse local communities. We think that everyone should have affordable access to good food – food that is nutritious, culturally relevant, and that has integrity in how it's produced and distributed. We host community events and working groups, provide direct consulting to local food businesses and community organizations, promote local innovation in food, and work to create systems-level changes to the food system.

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